



ESL Virtual Learning

Study Skills

April 15, 2020

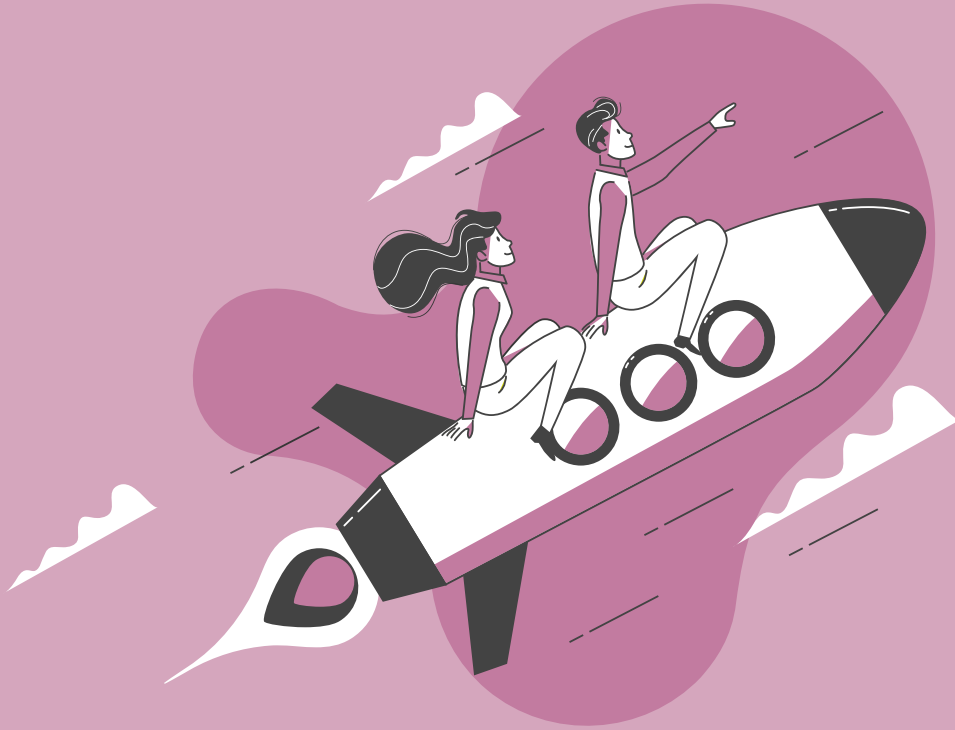
Lesson: April 15, 2020

Objectives:

1. Students will learn how to get started on Online Learning.
2. Students will focus on creating a flexible schedule.
3. Students will engage in daily activities to help cope with hard times. Today's theme is Wellness.

Study Skills E-LEARNING Wednesday April 15th





It is Wednesday!
Today we will talk about
establish a flexible routine.
You need to follow the
advice so you can get the
best grade for 2nd Semester.
Finally, watch video on how
to manage stress.
Let's Start!

Wednesday's Tip

8 Tips for Making Studying Online Successful

1. Be Positive
2. Get Organized and Stay Organized
3. **Establish a Flexible Routine**
4. Set Personal Goals
5. Make the Most of Your Resources
6. Start on Track and Stay on Track
7. Exercise with Friends Online
8. Learn to Deal with Setbacks

Let's talk about #3

Establish a Flexible Routine

- **While online virtual learning does give you a more flexible schedule, having a routine will help keep you stay on track with your assignments.**
- **Contact teachers asking when is the best time to contact them. Remember they have families too. Most teachers are available from 8a.m. to 3p.m.**
- **Of course, you can vary your schedule when needed.**

Does this sound like something you can do? Let us know



A Weekly Check In! If you have not done so, I would like you to take this weekly survey letting us know how you are doing.

Things to Remember from Last Week

- Contact your teachers, tell them hello. We miss you!
- There is still time to improve your grades for 2nd semester.
- You can still get a Chromebook at Truman High School. Go to the school from 11:00a.m. to 1:00p.m. Your parent needs to go to sign a waiver.
- Go to this link that was shared in an email by Dr. Herl to get free WiFi. <https://corporate.comcast.com/covid-19>
- Here is a [Spanish video](#) on how you can use your cell phone as a HOT SPOT. Please share this with all the other ESL students.

Wellness Wednesday



True or False
Hobbies can help reduce
your stress?

The answer is TRUE!!!

Check out these 10
hobbies that can help.

What is your hobby?
Mine is reading and
taking walks!

**Hope you had a great day.
Don't forget teachers are
available to help you. You
need to email us.
Have a great day and see
you tomorrow**

